



The Paw Print Press

IMPORTANT DATES

September 28, 2016

Wednesday, October 5

International Walk & Roll to School Day

Walk to school to be healthy and participate in this global event that involves communities from more than 40 countries walking and biking to school on the same day.

Arts Committee Meeting

3:45pm, Art Room, Room 13

All are welcome to learn about and plan arts programs at Lakeshore. Kids welcome.

PTA General Meeting

6:30-8:00pm, Community Room

Lakeshore needs parent participation to deliver a high-quality, well-rounded education. Join other working parents to find out how you can volunteer time or resources.

Special guest, Ivy Chen, our Puberty Ed specialist, will be presenting information about our puberty education program for 4th and 5th graders.

Friday, October 7

First Friday Coffee and Donuts

8:30am, Community Room

Meet parents and other community members over morning coffee and sweets!

Monday, October 10

NO SCHOOL – Columbus Day / Indigenous People's Day / Día de la Raza Holiday

Friday, October 14

Walk-a-Thon

Collect pledges and join us for a beautiful day of walking and fun!

Don't Miss the PTA General Meeting Next Wednesday Including Puberty Education Information

Please join Ivy Chen for an information session about the upcoming Puberty Education program on Wednesday, October 5th as part of the PTA General Meeting. Parents and guardians of children of all ages are invited but we encourage those who have children in the 4th and 5th grades to attend. Ivy has been working with our Lakeshore children for more than a decade and she has a skilled and thoughtful way to help adolescents understand what is physically happening and navigate the feelings they may have about the changes they will experience. This session is your opportunity to ask questions, raise concerns, and learn how you can discuss this sensitive topic with your child.

Ivy received her BA from UC Berkeley in integrative biology with a minor in women's studies in 1996. She received her Master in public health with an emphasis in health and social behaviors, also from UC Berkeley, in 2001. Ivy presently works as an independently contracted health educator. She has also taught as a lecturer for the health education, sexuality studies and psychology departments at San Francisco State University for the last 14 years.

Get 3 For 1

With the New Box Tops App

There's a new Box Tops app you can use to find out about special offers and increase the value of our Box Tops. It's easy to participate:

- Download the app from App Store or Google Play
- Sign up and choose Lakeshore school (it's easy to find when you search by zip code – 94132)
- Buy products with Box Tops labels and scan your grocery receipt.
- Cut out the Box Tops labels and bring them to your teacher.

We can get 20 cents for the scanned labels in the app AND we get 10 cents for each Box Top label. Involve your students when you're shopping – they can find their favorite groceries and make money for Lakeshore!

About the Election: Why We Vote

The government--whether it's in Washington, DC, in your state, or in your hometown--affects your life and by voting, you get to say what's important to you, and you say it straight to the politicians.

It makes us equal.

Each of us (when we're old enough) has one and only one vote. Voting is one of the few times when all grown-ups in the U.S. have an equal say. No matter how much money you have or who your friends are, you only get one vote.

Each vote sends a message.

Even if the person you vote for loses, your vote matters because it lets winners and losers know who supports their points of view.

Politicians notice who is and isn't voting.

In the U.S., the highest voter turnout is among seniors. So it's no surprise that politicians are going to spend a lot of time on issues that are important to older people, like Social Security and Medicare. Younger voters, like 18-24 year-olds, haven't voted in high numbers recently, so it's easier for politicians to pay less attention to the issues that are important to young people.

Whoever wins has the power to impact your life.

The government is in charge of making important decisions that impact almost every aspect of your life, like:

- Your school such as what gets taught, how many kids are in your class
- The environment including how clean your air and water will be, how we'll deal with global warming problems
- Your health including whether or not you and your family can get health insurance, how much it costs to go to the doctor or to buy prescription drugs
- Who gets to visit, work and live in our country. If some members of your family live in another country and would like to move here, the federal government controls whether or not they can.
- Your safety including how big your police and fire departments are
- How much money we spend on the military and whether we go to war
- What happens now has a great effect on the future.

If you think that your opinion doesn't matter about who's president now, think again! The people in office now are making decisions that will affect your life now AND later! This is why it's important to get involved and be heard now, even when you can't vote.

Reprinted from:
<http://pbskids.org/zoom/fromyou/elections/elections101.html>

Register to Vote!

Election season is in full swing. You must be registered to vote by October 24th in order to vote in the upcoming election on Tuesday, November 8. You can apply to register to vote by filling in the online application at <http://registertovote.ca.gov/>. If you have any questions, visit Frequently Asked Questions at <http://www.sos.ca.gov/elections/frequently-asked-questions/> or contact the Secretary of State's Elections Division at (800) 345-8683.

Studio Art Classes Begin This Week!

Studio Art classes begin this week. Every child at Lakeshore gets the opportunity to enjoy creativity in a space set up to foster exploration using authentic techniques and materials. This program was started over 25 years ago by Lakeshore parents who had a background in art and has continued to be one of our most valuable programs.

If you have time to volunteer in either your child's class or another, please contact our artist-in-residence, Sharon Collins, at collins.sharonj@gmail.com. The schedule for session one is below. Please join us!

Tuesday			
	• 2:30	Room 101	Mr. Gonzalez
Wednesday			
	• 1:30	Room 107	Mr. Morrison
	• 2:30	Room 106	Mr. Caenepeel
Thursday			
	• 9:50	Room 102	Mr. Freed
	• 1:00	Room 110	Ms. Arian
	• 2:30	Room M2	Ms Barry
Friday			
	• 9:50	Room M4	Ms. Cariaso
	• 11:15	Room 111	Ms. Cooney
	• 1:00	Room M1	Mr. Glover
	• 2:30	Room 117	Ms. Fuscas

Thank You Corner: Kid's Night Out

Thank you to everyone who participated in the first Kid's Night Out of the season! A special thank you to all the students who showed outstanding PAX behavior. We had students ranging from 4 years old to 7th grade. We even had a Lakeshore Alumnus come! Huge appreciation to parent helpers who made this night possible: Deb, Jhenny, Jenny, Ranu, Melanie, Lavette, Larry, Mimi, and all the adults who helped. Thank you to Lizzie for the fresh fruit donation.

Want to include something in the next edition? Please email newsletter@lakeshoreelementary.org no later than Friday evening with final content and your contact information.

LAKESHORE
ELEMENTARY SCHOOL

www.lakeshoreelementary.org

