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# The Paw Print Press

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## IMPORTANT DATES

**Monday, September 21**

**Picture Day!**

SMILE! It's picture day! What a great way to remember your time at Lakeshore!

**Friday, September 25**

**Kid's Night Out**

6:00-9:30pm, Lakeshore School

Drop off your students for a fun night of food, games, and a movie while you enjoy a few hours of time to yourself. \$30 per child, must be 4 or older. For information visit [LakeshoreElementary.org/kids-night-out](http://LakeshoreElementary.org/kids-night-out). Email [kidsnight@LakeshoreElementary.org](mailto:kidsnight@LakeshoreElementary.org) to reserve a spot.

**Wednesday, October 7**

**PTA Meeting**

6:30-8:00pm, Community Room

Join us to vote on this year's PTA Budget and hear from Ivy Chen, our Puberty Ed specialist.

**Monday, October 12**

**NO SCHOOL, Columbus / Indigenous People's Day**

**Thursday, October 15**

**Visions of Pride LGBTQ Families Dinner**

5:30pm – 7:30pm Aptos Middle School  
Meet, mingle, and share a meal with LGBTQ SFUSD parents, families, and students in a welcoming environment.

**Friday, October 16**

**Walk-a-Thon**

Start getting those pledges, stretch those muscles and prepare for a ton of fun!

September 16, 2015

## Avoid Unwanted Critters

It's inconvenient to keep kids at home because they have lice but receiving the "lice memo" is a fact of school life.

However, there are a few methods of head lice prevention that might reduce the risk.

- Keep long hair tied up in ponytails or even better, braids or a bun.
- Use a little hairspray to keep stray hairs contained.
- Use tea tree oil either by adding a few drops to your regular shampoo, or by making a spritz by adding a few drops to water in a spray bottle. Tea tree oil can be very drying, so only use a few drops (as directed).

Parents should be alert to the common sign of head lice – scratching the head. Watch for children who are scratching or who might even wake up in the night saying that they head is itchy. Pay attention to kids who are visiting and watch to see if they are scratching their scalps as this could indicate a case of lice.

Source: [www.licesquad.com/resources/articles/head-lice-prevention/](http://www.licesquad.com/resources/articles/head-lice-prevention/)

## Be on the lookout – how to inspect your child's head for lice and nits:

- Inspect all family members' hair thoroughly, especially in areas close to the scalp at the neckline and behind the ears for lice and nits (head lice eggs). Nits are firmly attached to hair shafts and are usually yellow to white. The adult louse is about the size of a sesame seed and is greyish-white to tan. It may be helpful to use a magnifying glass when inspecting your child's head.
- Correct identification of actual nits (head lice eggs) is critical. Anything that slides along the hair shaft is not a nit.
- Crawling lice are difficult to see, but finding nits within a ¼" of the scalp confirms the presence of live lice and the need for treatment.

Source: SFUSD website

## Walk-a-Thon: Get Those Pledges!

Last week, you received an envelope to collect all the pledges for our exciting 2015 Walk-a-Thon! We're looking to raise \$20,000 which is 20% of our annual PTA goal. This money allows us to provide students with hands-on science learning in our garden, self-expression in studio art and poetry, and develop critical physical awareness and skills in motor.

There are school-wide incentives to reach our goals:

- \$500 Intake on the roof
- \$1,500 No Homework Pass for one week
- \$3,000 Teacher Switch
- \$5,000 Kickball Game (Teachers vs. Students)
- \$7,500 Movie and Popcorn Party
- \$10,000 Teacher Obstacle Course
- \$15,000 Lakeshore Game Show
- \$20,000 Sock Hop

Other incentives:

- Most \$ raised in a class = Lakeshore folder and pencil for all students in the class
- Most \$ raised by an individual in school = \$50 gift card
- Most \$ raised by a class within a grade level = Extra recess for that class

Start collecting pledges and give them to your teacher. Donations are tax deductible. Regardless of pledge amount, **every student participates** in the Walk-a-Thon on October 16. Join us for this amazing event!

## Kid's Night Out – Next Friday!

Drop off your students for a fun night of food, games and a movie while you enjoy a few hours of time to yourself.

- Friday, September 25, 6-9:30, Community Room
  - 6:00 - 6:30 Check in
  - 6:30 - 7:30 Pizza and activities
  - 7:30 - 9:30 Movie and snacks
  - 9:30 Pick up
- **DISCOUNTS FOR SIBLINGS** -- \$30 for first child / \$15 for additional family members
- Pizza, popcorn and treats for the kids (please contact us if there are food allergies)
- Movie: The Little Rascals
- Kids welcome to bring PJs, stuffies, sleeping bag
- Staffed by Lakeshore parents and teachers

Reserve your spot, email [kidsnight@LakeshoreElementary.org](mailto:kidsnight@LakeshoreElementary.org).

## Visions of Pride – LGBTQ Families Dinner

The SFUSD Student, Family, and Community Support Department and the Office of School Health Programs invite you to our 5th annual LGBTQ Families Dinner, Visions of Pride.

**THURSDAY, OCTOBER 15, 2015 5:30 P.M.-7:30 P.M.**

Aptos Middle School  
105 Aptos Avenue (near Ocean Avenue)  
San Francisco, CA 94127

Meet, mingle, and share a meal with Lesbian, Gay, Bisexual, Transgender, and Queer SFUSD parents, families, and students in a welcoming environment.

RSVP by October 13, 2015

Visit <http://visionsofpride.eventbrite.com>

or call Erik Martinez at (415) 242-2615

to confirm the number of adults and students attending.

## Announcing the Lakeshore Flea Market!

It's a new way to support Lakeshore and end up with less clutter in your home!

Announcing the inaugural Lakeshore Flea Market. On Saturday, November 14 the Community Room will be filled to the brim with toys, clothes, books, bikes, and other amazing merchandise. All proceeds benefit Lakeshore's enrichment programs.

This event is just in time to clear out space for the holidays or to pick up items to put under your tree.

To make this successful, we need:

- **MERCHANDISE** – start putting items aside to donate to the flea market!
- **IDEAS** – do you have ideas on how we can make this a success?
- **VOLUNTEERS** – can you help with this event?

If you are interested in assisting with this event or have questions, email [volunteer@LakeshoreElementary.org](mailto:volunteer@LakeshoreElementary.org).

**LAKESHORE**  
**ELEMENTARY SCHOOL**

[www.lakeshoreelementary.org](http://www.lakeshoreelementary.org)

