



The Paw Print Press

IMPORTANT DATES

November 18 – 22

Conference Week / EARLY DISMISSAL

Schedule time with your child's teacher and make arrangements for early dismissal at 2:30.

November 27 – 29

NO SCHOOL – Thanksgiving Break

Thankful for great times with friends and family.

Tuesday, November 26

5:15, SSC Meeting, Teacher's Lounge

All are welcome to attend.



Wednesday, December 4

PTA General Meeting

6:30pm – 8pm, Community Room

Join the community to discuss important topics and meet peers. Childcare and light snacks for kids will be provided. A donation of \$5 is requested.

Tuesday, December 17

Staff Appreciation Lunch

11:30am – 1:00pm, Staff Lounge

Show the staff how much you appreciate all they do to educate our students and make Lakeshore an incredibly special place.

December 23 – January 3

NO SCHOOL – Winter Break

Enjoy the long break with family and friends.

November is PTA Healthy Lifestyles Month

Spotlight on: Five Fun Ways to get Physical

Who says you have to play sports to be fit? There are lots of great ways to put more action in your life. Being active helps you build strong bones and muscles. It also helps you look and feel your best. And it helps give you more energy to do other things.

Pick and choose some of these fun ways to get fit. Or think of your own ways to get moving. Your body will thank you!

1. Use your feet. Your feet were made for walking, so use them every chance you get. Walk to a friend's house, to the store, around the mall or wherever it's safe to walk. While you're at it, walk your dog. Or offer to walk your neighbor's dog.
2. Move to the beat. Turn p the music and dance! Dance with your friends or on your own. And who says you can't do two things at once? Dance while you talk on the phone. Dance while you watch TV. You can even dance while you clean your room!
3. Roll around town. Make your muscles do the work on your bike, skates, or scooter as you enjoy the cool breeze. Don't forget to wear the gear: a helmet, and knee, wrist and elbow pads for skating.
4. Get your friends moving. Gather a few friends to shoot hoops, kick around a soccer ball, play street hockey or throw around a football or baseball. You don't need to be on a team to enjoy spots. Check out the rec center in your neighborhood for open gym times and other fun activities like tennis, swimming or dance classes.
5. Be a buddy. Stuck babysitting or playing with younger brothers or sisters? Make it play time. Young kids love games like hopscotch, tag, hide-and-see, Hula-Hoops, jump rope, squirt guns, T-ball, kickball or flying a kite — especially when they're doing it with a "cool" older friend like you.

Spirit Merchandise Makes Great Stocking Stuffers

A brand new printing of Lakeshore Spirit Merchandise will be available soon. Please complete the order form provided in your Wednesday Folder.

Introducing the new Lakeshore Reusable Shopping Bag! A great holiday gift idea for your favorite Leopard or Leopard Supporter!

SPECIAL OFFER: Get a zippered hoodie for \$35 (while supplies last, limited sizes available) and get a FREE Lakeshore Reusable Shopping Bag. That's a \$50 value!

There's Still Time to Make a Difference!

When shopping for your Thanksgiving dinner, please consider picking up a few extra things to donate to the SF Food Bank. Most requested items are (no glass containers please):

- Soup, chili, baked beans
- Canned vegetables
- Tuna, canned meat
- Cereal
- Peanut butter
- Granola bars

For more information, visit www.sffoodbank.org.

Thank You!

Thank you so much for all the generous donations to the Schoola Stich clothing drive. The organization came mid-week for the first pick up and the second pick up was even larger! Some closets are a bit roomier and Lakeshore will receive a portion of the proceeds once these items are sold on the online store. Need good quality, affordable clothing? Check out www.schoolastitch.com.

Safety is a Shared Responsibility

We have continued traffic issues when dropping off and picking up students despite additional crossing guards and increased patrols by SFPD's Taraval Station. The biggest issues are at pick-up when parents or caregivers are parking illegally and blocking crosswalks or making unsafe turns or u-turns in the intersection. We will continue to work with the SFPD to enforce traffic laws.

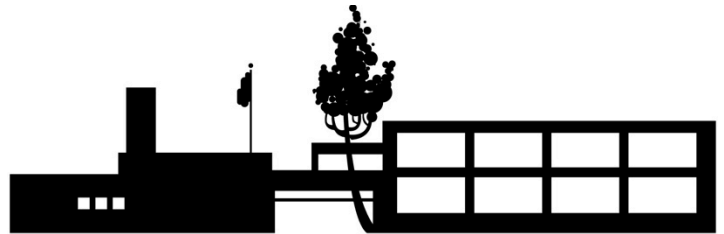
What can you do? Please take care to ensure you are allowing a few extra minutes so you can park legally. And if you feel comfortable doing so, speak up when you see someone doing something that causes an unsafe environment. Speak to the driver or report violations to the Taraval Station non-emergency number at (415) 759-3100.

Special Offer: Save on Cirque du Soleil

TicketsAtWork.com has extended to the Lakeshore community a discount on Cirque du Soleil's *Amaluna*. Save \$31 per individual ticket for shows at San Francisco AT&T Park running from November 15 – January 12. Use this link to purchase and receive the discount: <http://bit.ly/16XET5G>

LAKESHORE ELEMENTARY SCHOOL

www.lakeshoreelementary.org



What are You Thankful For?

This month is a great time to consider all the things for which we are thankful. We would love to share statements of gratitude in a special upcoming Paw Print Press so please take a moment to consider what you'd like to share. Statements are encouraged from students, staff, and caregivers and can be anonymous. Email your thoughts of gratitude to newsletter@lakeshoreelementary.org or give them to your teacher by Friday afternoon, November 22.

First name(s) & Room # _____

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