

# LAKESHORE ELEMENTARY SCHOOL

SAN FRANCISCO

# The Paw Print Press

### IMPORTANT DATES

## Thursday, October 31 Halloween at Lakeshore

Don't miss this Spooktacular event! Join us for costume parades, class parties, and a Creepy Carnival.



### Saturday, November 2 SFUSD Enrollment Fair

Join parents and teachers in providing prospective families information about Lakeshore. Interested? Contact us at tours@lakeshoreelementary.org.

## Sunday, November 3 Daylight Savings Ends

Don't forget to change your clocks to "Fall Back" and get that extra hour of sleep!

Monday, November 11 NO SCHOOL Veteran's Day

### November 18 – 22 Conference Week / EARLY DISMISSAL

Schedule time with your child's teacher and make arrangements for early dismissal at 2:30.

### November 27 – 29 NO SCHOOL

Thankful for great times with friends and family.

### Check the Lost and Found

Lost and found items will be donated at the end of the month so check to see if you're missing anything from outerwear to lunch boxes. Please be sure to label your student's clothing to reduce unclaimed items. October 23, 2013

# October is National Bullying Prevention Month

**Teaching Kids How to Handle Bullying** 

Bullying can leave lasting emotional scars on a child. Kids who know what bullying is can better identify it, talk about it, safely stand up to it and know how to get help.

Here are a few tips from StopBullying.Gov you can share with your children about how to handle bullying:

- Look at the kid bullying you and tell him or her to stop in a calm, clear voice. Try to laugh it off. This works best if joking is easy for you. It could catch the kid bullying you off guard.
- If speaking up seems too hard or not safe, walk away and stay away. Don't fight back. Find an adult to stop the bullying on the spot.
- Talk to an adult you trust. Don't keep your feelings inside. Telling someone can help you feel less alone. They can help you make a plan to stop the bullying.
- Stay away from places where bullying happens.
- Stay near adults and other kids. Most bullying happens when adults aren't around.

#### What is bullying?

Bullying is unwanted, aggressive behavior among schoolaged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. In order to be considered bullying, the behavior must be aggressive and include:

- An Imbalance of Power: Kids who bully use their power—such as physical strength, access to embarrassing information, or popularity—to control or harm others. Power imbalances can change over time and in different situations, even if they involve the same people.
- Repetition: Bullying behaviors happen more than once or have the potential to happen more than once.

Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

### Announcing the SSC

The ballots have been counted. The results are in. Introducing the 2013-14 Lakeshore Elementary School Site Council (SSC):

- **Principal Matt Hartford** 0
- Michael McCauslin, 5<sup>th</sup> grade teacher
- Athena Lafferty, kindergarten grade teacher
- Anita Wu, 1st grade teacher
- Ryan Swauger, Para Professional
- Julia Egan-Bell (alternate), 1st grade teacher
- Laura Palacio (alternate), kindergarten teacher
- Teresa (Terri) Chaverotti, parent of 2<sup>nd</sup> and 4<sup>th</sup>
- Francis Graves (returning), parent of a 2<sup>nd</sup> grader Melisa Howard, parent of a 4<sup>th</sup> grader Dan Jumanan, parent of a 1<sup>st</sup> and 3<sup>rd</sup> grader

- Ranu Maurillo, parent of three 1st graders
- Valerie Higgins (alternate), parent of a kinder
- Sharon Collins (alternate), Studio Art consultant

### Lakeshore Last Week

#### **PTA Fest**

What a wonderful event! Thanks to all the organizers, tour guides and consultants who explained their programs and led families in activities. Groups were taken through the school to experience Studio Art, Motor, Gardening, Poetry, Architecture, Zumba and Music first-hand. The food was fantastic and the school grounds looked magical lit by luminaria and smiling pumpkins.

### **Tea Collection Fundraiser**

Have you started your Tea Collection shopping list? Starting October 21st through the 27th, Tea Collection will be donating 15% of purchases made at http://lakeshoreelementary.help-fundraise.com/ Purchase that new fall coat or holiday wear for your children, or simply support this fundraising effort by sharing this link on your FaceBook page.

### Clean out your closet and raise money for Lakeshore

Our school is participating in the Schoola Stitch Children's Clothing Drive. Simply by cleaning your child's closet, you can raise much-needed funds for Lakeshore. On November  $5^{
m tn}$  we will be sending home bags you can fill with gentlyused children's clothing. Schoola will sort and sell the clothing at their spiffy online store and give up to 40% of the proceeds to our school. Find out more at www.schoolastitch.com, get that donation pile started!

Student Corner

### My Halloween Thoughts By Josephine Truong, 2<sup>nd</sup> Grade

When I think of Halloween my thoughts turn to real life. Then I start to think about candy such as lollipops, ring pops, and rock candy. I dream of tasting apple cider, of little witches playing tag and laughing together, and of a candy house I can live in and eat. I envision images of mummies, monsters, zombies, skeletons, vampires, bats and fairies. I see my dad trying to scare me and me scream out aloud.

Halloween makes me think of trick-or-treating and getting lots of candy not unlike cotton candy, fruit, snacks, bubble gum, skittles, fruit rollups, coffee candy, chocolate, and strawberry treats. I visualize getting my favorite flavor strawberry popsicles, creepy zombies coming out and freaking people out, people screaming. I would enjoy drinking apple juice and cider.

I would like to be a fairy for Halloween. I plan to wear a Barbie Mariposa and the fairy princess costume. I plan to include the following items: a magic wand, rainbow colored wings, a pink head band, white gloves, a green jade necklace, a silver bracelet and ear rings.

### Halloween Schedule

10-10:30: Costume Parade: K-5 will march around the top yard to accompanied by the Lowell High School Band

For the Spooky Community Room, students will be attending during these shifts (may not represent all classrooms)

11:00 - 11:15: Palacio / Lafferty

11:15 – 11:30: Kabala / Huang 11:30 – 11:45: Barry / Jones

11:45 - 12:00: Chan / Wu

12:00 - 12:15: Pang / Egan-Bell

1:00 - 1:15: Glover / Ramos

1:15 - 1:30: Soukup / Chavez

1:30 - 1:45: Rich / Arian

1:45 - 2:00: Cheung / Camou

2:00 - 2:15: Fusscas

2:15 - 2:30: Cariaso

We need volunteers to help with the Community Room (as well as set up and break down). Please see when you student's class will be attending and sign up for a shift on the sheets by the top yard or email: volunteer@lakeshoreelementary.org.

Want to include something in the next edition? Please email newsletter@lakeshoreelementary.org no later than Friday evening with final content and your contact information.



